

FREE Educational Forum

“Families Coping with Emotional Crisis”

Learn About...

- Grief and Loss
 - “In a Perfect World”
 - What mourners most want
 - What mourners most deserve
- Issues of Families in Crisis
 - Types of Family Crisis
 - Grief and Loss
 - Issues of Military Families
- Resources
 - Local Agency Representation
 - Military Resources for Families
 - T.A.P.S. (Tragedy Assistance Program for Survivors) Program to Support Survivors

Come join us and talk one on one with local experts, professional and peers, and get real answers to your questions. Learn about resources and supports available in our area and where you can go for help.

Time: 5:30PM—7:00PM

Date: 4/3/06

Located at:

York County Library—Tabb
Located at —100 Long
Green Blvd. (off Magruder
Blvd.)

Panelists are:

Ann Heiss Schulte, LCSW—
Ft. Eustis Family Advocacy Program
Manager

Cheryl Pharr—M.Ed., Advanced
Bereavement Facilitator

Local Support Organizations

- **PMHA**
(Peninsula Mental Health Association)
- **WAAMI**
(Williamsburg Area Alliance for the
Mentally Ill)
- **CSB**
(Colonial Services Board)

Refreshments Served

Contact person: Lynn Coursen
220-3200 or lcoursen@colonialcsb.org

Program Hosted by the Peninsula Mental Health Association and Sponsored by: the Colonial Services Board and the Hampton-Newport News Community Services Board